I CLAIM:

- 1. A seating device that may be used for exercise or therapy, the seating device including; a primary frame having opposing and spaced side frame components, a seating unit including a seat and a back mounted to a seat frame, suspension means for movable supporting said seating unit between said side frame components, a lock assembly mounted to said primary frame and including an operating handle mounted adjacent one of said side frame components and a lock bar moveable relative to and beneath said seat, a linkage for connecting said operating handle to said lock bar, whereby when said operating handle is in a first position said lock bar engages said seat frame to prevent relative movement between said seating unit and said primary frame, and when said operating handle is in a second position, said lock bar is disengaged from said seating unit whereby said seating unit is movable relative to said primary frame.
- 2. The seating device of claim 1 wherein said suspension means includes a pair of spaced link members disposed on each of opposite sides of said seat frame, said link members being pivotally connected at upper ends thereof to one of said seating unit and said side frame components and at lower ends thereof to the other of said seat unit and said side frame components.

- 3. The seating device of claim 2 wherein each of said pairs of spaced link members are not parallel to one another.
- 4. The seating device of claim 2 wherein said seat frame includes side frame members, a brace extending between and connecting said side frame members beneath said seat and said lock bar being engageable with said brace to thereby lock said seating unit relative to said primary frame.
- 5. The seating device of claim 4 including at least one gripping handle mounted to said primary frame adjacent one of said side frame components, said at least one gripping handle being selectively engageable by an individual seated in said seating unit when said operating handle is in said first position to create a force to move said seating unit relative to said primary frame in a swinging or gliding motion.
- 6. The seating device of claim 5 wherein said pairs of spaced link members are connected to said seating unit such that said seating unit may be tilted forwardly and downwardly relative to said primary frame when moved upwardly and forwardly of said primary frame by manipulation of said at least one gripping handle to thereby provide a lift assist to aid an individual from rising from said seating unit.
 - 7. The seating device of claim 6 including a plurality of

wheels for supporting said primary frame whereby the seating device is a wheelchair.

- 8. The seating device of claim 7 wherein a pair of spaced brackets are mounted in spaced relationship to said brace and a pair of reciprocally adjustable foot rests are slidably carried by said brackets so as to be adjustable relative to a forward portion of said primary frame.
- 9. The seating device of claim 7 an including an arm rest mounted to each of said side frame members of said seat frame.
- 10. The seating device of claim 7 wherein said lock bar includes an outer generally u-shaped end for selectively engaging said brace when said operating handle is in said second position.
- 11. The seating device of claim 7 wherein in said plurality of wheels are removable mounted to said primary frame whereby the seating unit may be used as a stationary chair or a wheelchair.
- 12. The seating device of claim 5 including an arm rest mounted to each of said side frame members of said seat frame.
 - 13. The seating device of claim 5 wherein a pair of spaced

brackets are mounted in spaced relationship to said brace and a pair of reciprocally adjustable foot rests are slidably carried by said brackets so as to be adjustable relative to a forward portion of said primary frame.

14. The seating device of claim 5 wherein said lock bar includes an outer generally u-shaped end for selectively engaging said brace when said operating handle is in said second position.